



Curriculum Vitae

Name: Aya Salah EL-din Fouad Rostom

Title: Assistant Lecturer

Department: Physical Therapy for Surgery & Women Health

Qualifications:

- Bachelor's Degree in Physical Therapy (2009-2010)
- Masters Degree in Physical Therapy for Surgery & Burn (2017-2018)
- Ph.D in Physical Therapy for Surgery & Burn (Still writing PHD Thesis)

Career Hierarchy:

- | | |
|------------------------|----------------|
| - Teaching Assistant, | Date: None |
| - Assistant Lecturer, | Date:1-10-2020 |
| - Lecturer, | Date: None |
| - Associate Professor, | Date: None |
| -Professor | Date: None |



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Scientific Activities

1: Membership of Professional Organizations and Scientific Societies:

Membership In Physical Therapy Syndicate

2: Training Courses/workshops:

2.1: ((Clinical Nutrition and Obesity)) organized by: The National Research Centre Special Unit for Training in CAIRO (SPUT –CAIRO)

2.2: The Ninth Annual Alexandria Regional Centre for Women's Health and Development AND Egyptian Nutrition and Health Coaching Association (NUTIALEX 2016)

2.3: ((Advanced Biomechanics of the Spine for Therapeutic and Research Goals)) 40-hours seminar in Physical Therapy syndicate from 1/1/2015 TO 15/1/2015 conducted by Spine Specialist: Dr/Mahmoud El Razy

2.4: ((kinesiotaping Therapy)) in Physical Therapy Syndicate from 20/9/2013 TO 27/9/2013 Conducted by Dr/ Samy Abdel Samad

2.5: ((Mechanical Considerations in Management of Musculoskeletal Disorders)) in College of Physical Therapy Cairo University from 25/3/2014 TO 27/3/2014



2.6: ((Work Shop in Soft Tissue Manipulation)) In College of Physical Therapy Cairo University from 21/10/2009 TO 22/10/2009

2.7: ((Cupping Therapy)) In College of Physical Therapy Cairo University Conducted by Dr/ Ahmed EL-Shewy

2.8: ((The Occupational Asthma Update Workshop)) in Faculty of Medecine, Cairo university, Cairo at 14/12/2017

3: Conferences, Seminars and Workshops:

3.1: Nutrition Through Life Cycle IN Alexandria Regional Centre for Women's Health and Development FROM 11/10/2015 TO 13/10/2015 (18 hours)

3.2: ((Clinical Nutrition and Obesity Diploma)) 24-hours seminar in Physical Therapy Syndicate from 14/5/2015 TO 11/6/2015 Conducted By Prof/ Iman Kamel

3.3: ((Role of Physio Therapy in Obesity)) In Benha Children Hospital, Egypt from 24/5/2013 TO 14/6/2013

3.4: ((The third Annual conference in Physical Therapy lifestyle in shoulder proplems & mangement)) in Qalubia Physical Therapy Syndicate in 6/5/2016

4: Teaching Scopes: Two years



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Skills

- **Language Skills: English, Arabic**
- **Computer Skills: MS Office (Word, Excel)**
- **Presentation skills: Good**
- **Other skills: None**

Scientific Publications:

I: published Scientific Papers Extracted From the Masters

**Aerobic exercises and weight loss after bariatric surgeries was published in
INTERNATIONAL JOURNAL OF CURRENT RESEARCH at 2018**

<https://www.journalcra.com/article/aerobic-exercises-and-weight-loss-after-bariatric-surgery-systematic-review>