



Curriculum Vitae

Name: Nasr Awad Abdelkader

Title: Assistant Professor

Department: Physical Therapy for Orthopedics & Orthopedic Surgeries

Qualifications:

- Bachelor's Degree in physical therapy, Faculty of Physical Therapy, Cairo University(1996)
- Masters Degree in physical therapy, Faculty of Physical Therapy, Cairo University (2002)
- MBBCH, Kasr-Ainy Medical School, Cairo University(2009)
- Ph.D in physical therapy, Faculty of Physical Therapy, Cairo University (2016)
- High Diploma in Physical Medicine & Rehabilitation, Faculty of Medicine, Ain-Shams University (2017)
- Registered Master thesis, Faculty of Medicine ,Ain-Shams University(2020)

Career Hierarchy:

- Teaching Assistant, Date: from 8/12/1997 to 20/11/2002.
- Assistant Lecturer, Date: from 21/11/2002 to 22/1/2016.
- Lecturer, Date: from 23/1/2016 to 27/11/2021.
- Associate Professor, Date: from 28/11/2021 till now.



Curriculum Vitae

Name: Nasr Awad Abdelkader

Title: Assistant Professor

Department: Physical Therapy for Orthopedics & Orthopedic Surgeries

Scientific Activities

1: Membership of Professional Organizations and Scientific Societies:

- Member in General Physical Therapy syndicate of Egypt (GPTS), **Consultant**, 1/1998
- License, MOH, UAE, 5/2003
- Member in Egyptian medical syndicate, **Specialist** in Rheumatology, Physical Medicine & Rehabilitation, 7/2013.
- **Institutional Animal Care and Use Committee (IACUC)**-Cairo University, Member (from 3/2016, currently).
- **Coordinator of Scientific Research and Activities standard**, Quality Assurance unit, Faculty of physical therapy, Cairo university, Cairo, Egypt (from 1/1/2012 to 7/3/2017).
- **Coordinator and head of Administrative Staff Standard**, Quality Assurance unit, Faculty of physical therapy, Cairo university, Cairo, Egypt (from 1/1/2012 to 7/3/2017).
- **Coordinator of Financial resources standard**, Quality Assurance unit, Faculty of physical therapy, Cairo university, Cairo, Egypt (from 1/1/2012 to 7/3/2017).
- **Community services & Environment Affairs council**, Faculty of physical therapy, Cairo University, **Member** (2016/2017).
- Research Ethical Committee, Faculty of Physical Therapy, Cairo University, **Member (2016/2017-2018/2019)**.
- **Coordinator of Post-graduate Affairs**, Dept. of Musculoskeletal Disorders and its surgery, Faculty of Physical Therapy, Cairo University (7/2018 to 9/2019).
- **Coordinator of post-graduate affairs**, Department of physical therapy for Musculoskeletal Disorders, Faculty of physical therapy, Cairo university, Cairo, Egypt (7/2018 to 8/2019).



- **Post-graduate council**, Faculty of physical therapy, Cairo University, **Member** (2017/2018 & 2018/2019).

2: Training Courses/workshops:

- **Word processing**, Faculty and Leadership Development center (FLDC), Cairo University, Egypt (28-29/4/2021).
- **Presentations**, Faculty and Leadership Development center (FLDC), Cairo University, Egypt (26-27/4/2021).
- **Spreadsheet**, Faculty and Leadership Development center (FLDC), Cairo University, Egypt (24-25/4/2021).
- **Electronic Courses**, Faculty and Leadership Development center (FLDC), Cairo University, Egypt (17-18/2/2021).
- **Fundamental of Blended Learning**, Faculty and Leadership Development center (FLDC), Cairo University, Egypt (17-18/2/2021).
- **Critical Thinking**, Faculty and Leadership Development center (FLDC), Cairo University, Egypt (10-11/2/2021).
- **Pearls of OSTEOPOROSIS**, Department of physical medicine and Rehabilitation, Ain-Shams University, Cairo, Egypt (26/12/2019).
- **Course and workshop on phototherapy (perineural injection) & musculoskeletal prolotherapy Hand-on**, Mataria hospital, Cairo, Egypt (4/12/2019).
- **Eagle eye on obesity**, Ain shams Training & Education Enhancement Center, Cairo, Egypt (14/11/2019)
- **Editing the scientific text in Arabic and English**, Faculty and leadership Development Center (FLDC), Cairo University, Egypt (21-22/8/2019).
- **In Hand-on Basic Course & Workshop of Nerve Conduction and EMG Studies**, Sheikh Zayed Al Nahian Hospital, Cairo, Egypt (6/8/2018).
- **In hand-on course & workshop of intra articular injection techniques**, Sheikh Zayed Al Nahian Hospital, Cairo, Egypt (1/8/2018).
- **One-day basic level workshop on musculoskeletal ultrasonography of upper limb joints** (shoulder, elbow, hand & wrist) (26, 7/2018).



- **In hand-on course & workshop of Lipodissolve, Methotherapy & Management of obesity**, Sheikh Zayed Al Nahian Hospital, Cairo, Egypt (25/7/2018).
- **The Musculoskeletal ultrasonography (MSUS) Scientific Orientation Day**, National Training Institute (NTI), Cairo, Egypt (26/4/2018)
- **Training of trainers in the care and use of animals in research**, Faculty and leadership Development Center (FLDC), Cairo University, Egypt (8-13/4/2017).
- **Basics of scientific research**, Dept. of community, environment, & industry medicine, Ain-Shams University, Cairo, Egypt (25/9/2016).
- **The strategic planning**, Training Unit, Faculty of Physical Therapy, Cairo University, Egypt (29/11/2016).
- **Exam Paper Specification**, Training Unit, Faculty of Physical Therapy, Cairo University, Egypt (17/2/2016).
- **Effective Teaching Skills**, Faculty and leadership Development Center (FLDC), Cairo University, Egypt (16-17/5/2015).
- **Exams and students Evaluation Systems**, Faculty and leadership Development Center (FLDC), Cairo University, Egypt (29-30/4/2015).
- **Use of Technology in Teaching**, Faculty and leadership Development Center (FLDC), Cairo University, Egypt (8-9/12/2014).
- **International Publishing of Scientific Research**, Faculty and leadership Development Center (FLDC), Cairo University, Egypt (27-28/8/2014).
- **The credit hour System**, Faculty and leadership Development Center (FLDC), Cairo University, Egypt (19-20/2/2014).
- **Quality Standards in Teaching**, Faculty and leadership Development Center (FLDC), Cairo University, Egypt (13-14/11/2013).
- **“Your future in science; Writing and publishing a scientific paper”**, Cairo university conference center, Cairo university, Cairo, Egypt (23/4/2013).
- **Statistical Data Analysis using SPSS**, Institute of Statistical Studies and Research, Cairo University, Cairo, Egypt (6/12/2012-3/1/2013).
- **Academic Advisor**, Training unit, Faculty of Physical Therapy, Cairo University, Egypt (10/6/2012).



- **Effective Education and Technology**, Training unit, Faculty of Physical therapy, Cairo University, Egypt (26/6/2012).
- **Methods of assessment of Exam Paper in Accordance with Quality Standards**, Training unit, Faculty of Physical therapy, Cairo University, Egypt(24/6/2012).
- **Advanced Trauma Life Support Course (ATLS)**, American College of Surgeons, Fujairah Hospital, UAE (14-16/4/2011).
- **Introduction to osteopathy, “Holistic Approach”**, Dept. of physiotherapy, College of Health Sciences, University of Sharjah, UAE (9/10/2009)
- **ICDL course and certificate**, ICDL GCC Foundation, UAE (1-3/2007).
- **FIFA medical instructional course (FMIC) & FIFA anti-Doping Instructional Course (FADIC)**, FIFA Medical Assessment & Research Centre, Dubai, (118/12/2003).
- **Post graduate course in Diagnostic Radiology (X – Ray, CT, and MRI)**, Cairo, university, Egypt (1997).

3: Conferences, Seminars and Workshops:

Conferences:

- EGSSA 1ST Annual Congress 2021”First Annual Congress of The Egyptian Shoulder Surgery Association”, Semiramis Intercontinental, Cairo, Egypt(30th sept.-1st October, 2021).
- 2nd Scientific Conference of Physical Therapy “No More Disability with Physical Therapy & Rehabilitation”, Triumph Hotel, Heliopolis, Cairo, Egypt (11-12/12/2020).
- 1st Annual Symposium for Musculoskeletal Physical Therapy “Advances in Musculoskeletal Rehabilitation”, Faculty of physical Therapy, Cairo University, Egypt (20/2/2020).
- 2nd conference of Physical Therapy “Advances and Different Physical Therapy Approaches for Quality of Life Promotion in Upper Egypt”, South Valley University, Quena, Egypt (12-14/2/2020).
- 1st international Conference of Faculty of Physical Therapy Delta University For Science and Technology “Health Life-Safe Environment”, Samiramis intercontinental, Cairo, Egypt (19-20/10/2019).
- The 20th International Physical Therapy Conference, Faculty of Physical Therapy “Physical Therapy from Disability to Life”, GRAND NILE TOWER HOTEL, Cairo, Egypt (6-7/4/2019)
- Implantation of international research animal care practice(Regional conference), Al-Masah hotel, Nasr City, Cairo, Egypt(22-24/4/2018)



- Scientific symposium held in collaboration with the Egyptian society for hand surgery under title “TENDON INJURIES OF THE HAND”), faculty of physical therapy Cairo University, Cairo, Egypt (19/3/2018).
- 19th International Scientific Conference of Faculty of Physical Therapy-Cairo University “PHYSICAL THERAPY AND A BETTER FUTURE FOR THE DISABLED”, PYRAMISA HOTEL, Cairo, Egypt (22-23/3/2018).
- 18th International Scientific Conference of Faculty of Physical Therapy-Cairo University “INNOVATIVE PHYSICAL THERAPY AND REHABILITATION”, CONRAD HOTEL, Cairo, Egypt (16-17/3/2016).
- 1st International Scientific Conference of Faculty of Physical Therapy-Deraya University “UPDATING WEIGHT CONTROL”, CONRAD HOTEL, Cairo, Egypt (23/2/2017).
- 17th International Scientific Conference of Faculty of Physical Therapy, Cairo University “EMPOWERING DISABILITY”, Cairo, Egypt (10-11/3/2016).
- 1st International Conference for Scientific Research and its Practical Application in Physical Therapy” Steps toward Disability free Society”, Faculty of Physical Therapy, Cairo University, Cairo, Egypt (24-25/10/2015).
- 16th International Scientific Conference of Faculty of Physical Therapy-Cairo University “No More Disability”, PYRAMISA HOTEL, CAIRO, Egypt (5-6/3/2015).
- 15th International Scientific Conference of Faculty of Physical Therapy “MANUAL THERAPY & TECHNOLOGY IN PHYSICAL THERAPY”, Cairo University, Cairo, Egypt (6-7/3/2014).
- Hypertension Management Symposium, Fujairah, UAE (18/10/2010).
- Emirates Physiotherapy Conference 2010, Dubai, UAE (28-30/3/2010).
- Updates in Orthopedics -2010, Dubai, UAE (4/2/2010).
- Conference on hip & knee Replacement, Dubai, UAE (12/2009).
- Workshop on osteopathy, Sharjah, UAE (10/2009).
- Up-dates in orthopedics Fujairah, UAE (11/2008).
- Have CME courses, Fujairah Hospital, UAE (2005-2011).
- Have ICDL course, Fujairah, UAE (3/2007).
- Emirates emergency surgery & trauma conference, Fujairah, UAE (5/2006)
- 4th Dubai spine conference “spinal trauma” (9/2005).



- FIFA medical instructional course (FMIC) & FIFA anti-doping instructional course (FADIC) Dubai, (12/2003).
- CME program for physicians Sharjah, (4/2003)
- Post graduate course in Diagnostic radiology (X – Ray, CT, and MRI), Cairo, university, Egypt (1997)

Membership of Conference Committees:

- **General Secretary of The Conference and Head of Scientific Committee**, 2nd Scientific Conference of Physical Therapy, No More Disability with Physical Therapy & Rehabilitation, Triumph Hotel, Heliopolis, Cairo, Egypt (11-12/12/2020).
- Organizing Committee, **Member**, “The 20th International Physical Therapy Conference”, Faculty of Physical Therapy, Cairo University, GRAND NILE TOWER HOTEL, Cairo, Egypt (6-7/4/2019).
- Organizing Committee, **Member**, 19th International Scientific Conference of Faculty of Physical Therapy- Cairo University, PYRAMISA HOTEL, Cairo, Egypt (22-23/3/2018).
- Organizing Committee, **Member**, 18th International Scientific Conference of Faculty of Physical Therapy- Cairo University “INNOVATIVE PHYSICAL THERAPY AND REHABILITATION”, CONRAD, Cairo, Egypt (10-11/3/2016).
- Organizing Committee, **Member**, 17th International Scientific Conference of Faculty of Physical Therapy- Cairo University “EMPOWERING DISABILITY”, Cairo, Egypt (10-11/3/2016).
- Organizing Committee, **Member**, 1st International Conference for Scientific Research and its Practical Application in Physical Therapy” Steps toward Disability free Society”, Faculty of Physical Therapy, Cairo University, Cairo, Egypt (24-25/10/2015).
- Organizing Committee, **Member**, 16th International Scientific Conference of Faculty of Physical Therapy- Cairo University “No More Disability”, Cairo, Egypt (5-6/3/2015).
- Organizing Committee, **Member**, 15th International Scientific Conference of Faculty of Physical Therapy “Manual Therapy & Technology in Physical Therapy”, Cairo University, Cairo, Egypt (6-7/3/2014).

Invited Presentations at Scientific Meetings/Workshops

- **ACL Rehabilitation Workshop**, 2nd Scientific Conference of Physical Therapy, No More Disability with Physical Therapy & Rehabilitation, Triumph Hotel, Heliopolis, Cairo, Egypt (19/12/2020).
- **Impingement syndrome and force couple**, 2nd Scientific Conference of Physical Therapy, No More Disability with Physical Therapy & Rehabilitation, Triumph Hotel, Heliopolis, Cairo, Egypt (11-12/12/2020).



- **“ACL Rehabilitation from A to Z” workshop**, Faculty of Physical Therapy, Cairo University, Egypt (31/10/2020).
- **Rehabilitation of Muscle Strain; what you should do and what you should not?** The 1st Annual Symposium for Musculoskeletal Physical Therapy “Advances in Musculoskeletal Rehabilitation” Faculty of physical Therapy, Cairo University, Egypt (20/2/2020).
- **Guidelines for the management of knee Osteoarthritis**, the 2nd conference of Physical Therapy, South Valley University, Quena, Egypt (12-14/2/2020).
- **Updates on Rehabilitation of ACL**, intern training course, Faculty of physical Therapy, Cairo University (1/7/2019).
- **Prevalence of Flat Foot among Patients with Mechanical Low Back Pain**, The 20th International Physical Therapy Conference, Faculty of Physical Therapy “Physical Therapy from Disability to Life”, GRAND NILE TOWER HOTEL, Cairo, Egypt (6-7/4/2019)
- **Prevalence of Adolescent Idiopathic Scoliosis in selected Urban and Countryside Schools in Egypt**, The 20th International Physical Therapy Conference, Faculty of Physical Therapy “Physical Therapy from Disability to Life”, GRAND NILE TOWER HOTEL, Cairo, Egypt (6-7/4/2019)
- **Correlation between Tibiofemoral Angle and Sacral Angle in Female with Genu Valgum**, The 20th International Physical Therapy Conference, Faculty of Physical Therapy “Physical Therapy from Disability to Life”, GRAND NILE TOWER HOTEL, Cairo, Egypt (6-7/4/2019)
- **Effect of Dexamethasone Phonophoresis in Treatment of Knee Osteoarthritis**, 19thInternational Scientific Conference of Faculty of Physical Therapy-Cairo University “PHYSICAL THERAPY AND A BETTER FUTURE FOR THE DISABLED”, PYRAMISA HOTEL, Cairo, Egypt (22-23/3/2018).
- **Goal-Based Rehabilitation versus Conventional Physical Therapy Program after Anterior Cruciate Ligament Reconstruction**, 19thInternational Scientific Conference of Faculty of Physical Therapy-Cairo University “PHYSICAL THERAPY AND A BETTER FUTURE FOR THE DISABLED”, PYRAMISA HOTEL, Cairo, Egypt (22-23/3/2018).
- **Research Ethics for the care & use of Laboratory Animals**, Faculty of Physical Therapy, Cairo University (20/2/2019).



- **Rehabilitation of De Quervain Disease**, scientific symposium held in collaboration with the Egyptian society for hand surgery under title “TENDON INJURIES OF THE HAND”), faculty of physical therapy Cairo University, Cairo, Egypt (19/3/2018).

Training courses given for Physical Therapists of MOH(Egypt)

- **Updates on Rehabilitation of Common Shoulder Disorders** ((Ministry of health training course for physiotherapists), Boulak-Eldakrouy Hospital, Cairo, Egypt (16/11/2019-19/3/2020).
- **New Era in Stroke Rehabilitation** (Ministry of health training course for physiotherapists), Boulak-Eldakrouy Hospital, Cairo, Egypt (21/9/2019-24/10/2019).
- **Spinal cord injuries-2 (SCI)** (Ministry of health training course for physiotherapists), Boulak-Eldakrouy Hospital, Cairo, Egypt (24/11/2018-27/12/2018).
- **Spinal cord injuries-1 (SCI)** (Ministry of health training course for physiotherapists), Boulak-Eldakrouy Hospital, Cairo, Egypt (15/9/2018-18/10/2018).
- **Evidence-based practice in myopathy-II**, (Ministry of health training course for physiotherapists), Boulak-Eldakrouy Hospital, Cairo, Egypt (21/5/2018-25/6/2018).
- **Evidence-based practice in myopathy-II**, (Ministry of health training course for physiotherapists), Boulak-Eldakrouy Hospital, Cairo, Egypt (10/3/2018-17/4/2018).
- **New era in physiotherapy for sports injuries and EMG**, (Ministry of health training course for physiotherapists), Boulak-Eldakrouy Hospital, Cairo, Egypt (14/10/2017-13/11/2017).
- **Evidence-based orthopedic manual therapy (McKenzie & Mulligan)** (Ministry of health training course for physiotherapists), Chest Hospital, Omrania, Cairo, Egypt (20/5/2017-15/6/2017).
- **New era in physiotherapy for some orthopedic cases** (Ministry of health training course for physiotherapists), Chest Hospital, Omrania, Cairo, Egypt (4/3/2017-24/4/2017).

4: Teaching Scopes:

- BAS 2118, **Test & Measurement** (undergraduate), Faculty of Physical Therapy, Sinai University, Egypt (Fall semester, Level-3, 2021/2022), Evaluation (Mid, Final Practical, and final Exam; once/year).
- BAS 2118, **Test & Measurement** (undergraduate), Faculty of Physical Therapy, Sinai University, Egypt (2020/2021), Evaluation (Mid, Practical, and final Exam; once/year).



- ORTH 604, **Sports injuries management** (Postgraduate-Master Degree), Faculty of Physical Therapy, Cairo University, Egypt (2016-2017, 2017-2018, & 2018-2019), Evaluation (4 times every year, two final and two practical Exam).
- PT 406, **Physical therapy for sports injuries** (undergraduate), Faculty of Physical Therapy, Cairo University, Egypt (2016-2017, 2017-2018, & 2018-2019), Evaluation (twice/year-final Exam).
- 130507, **Clinical Reasoning in orthopedics**, (undergraduate course), Faculty of Physical Therapy, Kafr-Elsheikh university, Egypt (2018-2019), Evaluation, (mid-year, Final, & practical Exam, once/year).
- 130506, **Musculoskeletal physical therapy-II** (undergraduate course), Faculty of Physical Therapy, Kafr-Elsheikh university, Egypt (2018-2019), Evaluation (mid-year, Final & practical Exam, once/year).
- 130503, **Musculoskeletal physical therapy-I** (undergraduate course), Faculty of Physical Therapy, Kafr-Elsheikh university, Egypt (2018-2019), Evaluation (mid-year, Final & practical Exam, once/year).
- 130504, **Orthoses & prosthesis** (undergraduate course), Faculty of Physical Therapy, Kafr-Elsheikh university, Egypt (2018-2019), Evaluation, mid-year Exam + (final & practical Exam, once/year).
- 130505, **Physical therapy for sports injuries** (undergraduate course), Faculty of Physical Therapy, Kafr-Elsheikh university, Egypt (2018-2019), Evaluation (mid-year, final, & practical Exam, once/year).
- ORTH 713, **Measurement of Movement Performance** (postgraduate-PhD), Faculty of Physical Therapy, Cairo University, Egypt (2016-2017 & 2017-2018), Evaluation (4 times/year-two final exam & two practical Exam).
- ORTH 601, **Foundation of Motor control-I** (Postgraduate-Master Degree), Faculty of Physical Therapy, Cairo, Egypt (2016-2017, 2017-2018, & 2018-2019), Evaluation (twice/year-final Exam).
- ORTH 608, **Management of Joint and Postural Deformities** (Postgraduate-Master Degree), Faculty of Physical Therapy, Cairo University, Egypt (2016-2017 & 2017-2018), Evaluation (two/year-final Exam).
- S-AC 1104, **sports advanced clinical** (DPT program), Faculty of Physical Therapy, Cairo University, Egypt (2016-2017 & 2017-2018), Evaluation (twice/year final & clinical).
- PT 403, **Physical Therapy for orthopedic surgery** (Undergraduate), Faculty of Physical Therapy, Cairo University, Egypt (2016-2017, 2017-2018, & 2018-2019), Evaluation (4 times/year- two final & two practical).
- CPRA 303, **Clinical Practice in Orthopedic Physical Therapy** (undergraduate), Faculty of Physical Therapy, MUST University, Egypt (Summer-2017), Evaluation (once/year-practical).



- MSUSK 422, **Physical Diagnosis** (undergraduate), Faculty of Physical Therapy, MUST university, Egypt, Fall-spring-summer (2016, 2017, & 2018) (sharing in practical exams).
- MSUSK 424, **Physical Therapy in Orthopedics** (undergraduate), Faculty of Physical Therapy, MUST university, (fall, spring, summer) (2016, 2017, & 2018) (sharing in practical exams).

MSUSK 426, **Sports Physical Therapy** (undergraduate), Faculty of Physical Therapy, MUST University (fall, spring, summer) (2016, 2017, & 2018) (sharing in practical exams)

5: Scientific supervision:

- PhD students, 3 candidates (co supervisor).
- Master students, 8 candidates (co supervisor).

6: Awards and Certificates of Appreciation:

- **Appreciation Certificate**, Prof.Alaa Balbaa (Chairman of the Board of Directors of No Disability Foundation) “**For Efforts in Last Period as secretary of No Disability Foundation**” , 3rd Scientific Conference of Physical Therapy, No More Disability with Physical Therapy & Rehabilitation, Triumph Hotel, Heliopolis, Cairo, Egypt (17-18/12/2021).
- **Appreciation Certificate**, OUN company (For being Conference secretary and head of Scientific Committee), 2nd Scientific Conference of Physical Therapy, No More Disability with Physical Therapy & Rehabilitation, Triumph Hotel, Heliopolis, Cairo, Egypt (11-12/12/2020).
- **Appreciation certificate**, Faculty of physical therapy (For being a speaker in the scientific symposium held in collaboration with the Egyptian society for hand surgery under title “TENDON INJURIES OF THE HAND”), Cairo University, Egypt (2018).
- **Appreciation certificate**, Faculty of physical therapy (In recognition of his commitment and contribution in the success of the professional Doctor of Physical Therapy “DPT”), Cairo University, Egypt (2018).
- **Appreciation certificate**, Institutional Animal Care and Use Committee (**IACUC**), Cairo University, Egypt, (2018).
- **Appreciation certificate**, faculty of physical therapy (19thInternational Scientific Conference of Faculty of Physical Therapy-Cairo University “**PHYSICAL THERAPY AND A BETTER FUTURE FOR THE DISABLED**”), Cairo University, Egypt (2018).
- **Appreciation certificate**, General Physical Therapy syndicate of Egypt (GPTS), (2017).



- **Appreciation certificate**, faculty of physical therapy (18th International Scientific Conference of Faculty of Physical Therapy-Cairo University “INNOVATIVE PHYSICAL THERAPY AND REHABILITATION”), Cairo University, Egypt (2017).
- **Appreciation certificate**, life Medical Consult Company, (2017).
- **Appreciation certificate**, faculty of physical therapy, (17th International Scientific Conference of Faculty of Physical Therapy-Cairo University “EMPOWERING DISABILITY”), Cairo University, Egypt (2016).
- **Appreciation certificate**, faculty of physical therapy, (16th International Scientific Conference of Faculty of Physical Therapy-Cairo University “No More DISABILITY”), Cairo University, Egypt (2015).
- **Appreciation certificate**, Faculty of physical therapy, (1st International Conference for Scientific Research and its Practical Application in Physical Therapy” STEPS TOWARD DISABILITY FREE SOCIETY”), Faculty of Physical Therapy, Cairo University, Cairo, Egypt, (2015).
- **Appreciation certificate**, faculty of physical therapy, (Academic Accreditation of faculty of physical therapy), Cairo University, Egypt (2014).
- **Appreciation certificate**, Department of physical therapy for musculoskeletal disorders and its surgeries, faculty of physical therapy, (Academic Accreditation of faculty of physical therapy), Cairo University, Egypt (2014).
- **Appreciation certificate**, *Al-Aliaa private schools*, Maadi, Cairo, Egypt, (2013).

7: Peer reviewing of scientific research/ Projects:Null

8: Other Activities:

Professional/industrial positions held:

- **Dr. Nasr Awad Physiotherapy Center (Owner & Medical Director)**, Maadi, Cairo, Egypt (8/2017, currently).
- **Consultant physiotherapy & Rheumatology and physical medicine specialist**, Tadawy clinics, Maadi (3/2019 to 3,2020)
- **Senior physiotherapist (Acting HOD)**, Physiotherapy Dept., **Fujairah Hospital**, UAE, (9/2004-1/2012).
- **Physiotherapist**, Sports clinic, **Fujairah Sports & Cultural Club**, UAE, (9/2004 - 5/2008).
- **Physiotherapist**, Sports clinic, **Al-Ain sports & cultural club**, UAE, (1/2003 - 4/2004).
- **Physiotherapist**, physiotherapy Department, **El-Farouk hospital**, Cairo, Egypt, (1/2/2001 - 15/1/2002).
- **Physiotherapist**, **Alkoholafaa Elrashedin center**, Cairo, Egypt (1/2000 - 5/2002).



- **Physiotherapist, Ahl-Alkhair medical center, Cairo Egypt (10/1999 - 12/2000).**
- **Physiotherapist, Mostfa-Kamel Military hospital, Alexandria, Egypt (4/1998 - 6/1999).**
- **Physiotherapist, Abu-Qair medical center, Alexandria, Egypt (4/1998 - 6/1999).**
- **Physiotherapist, Badr Medical Center, Cairo, Egypt (12/1997 - 1/2000).**
- **Physiotherapy intern, Cairo University Hospitals (**Kasr Al-Einy**), Cairo, Egypt (9/1996 -10/1997).**

Administrative positions held:

- **Head of “Level2-Control” of Faculty of Physical Therapy, Sinai University, Ismailia, Egypt (10/2019, currently).**
- **Supervisor of Department of Physical Therapy for Orthopedics, faculty of physical therapy, Sinai University, Ismailia, Egypt(9/2019, currently).**
- **Coordinator of Post-graduate Affairs, Dept. of Musculoskeletal Disorders and its surgery, Faculty of Physical Therapy, Cairo University(7/2018 to 9/2019).**
- **Coordinator of Scientific Research and Activities standard, Quality Assurance unit, Faculty of physical therapy, Cairo university, Cairo, Egypt(from 1/1/2012 to 7/3/2017).**
- **Coordinator of Financial resources standard, Quality Assurance unit, Faculty of physical therapy, Cairo university, Cairo, Egypt(from 1/1/2012 to 7/3/2017).**
- **Coordinator and head of Administrative Staff Standard, Quality Assurance unit, Faculty of physical therapy, Cairo university, Cairo, Egypt(from 1/1/2012 to 7/3/2017).**
- **Coordinator of post-graduate affairs, Department of physical therapy for Musculoskeletal Disorders, Faculty of physical therapy, Cairo university, Cairo, Egypt(7/2018, currently).**

Participation in academic accreditation:

- Undergraduate program for physical therapy and 8 Post-graduate programs for physical therapy, **member in Quality Assurance unit**, Faculty of physical therapy, Cairo University, National Authority for Quality Assurance and Accreditation for Education (NAQAEE) (1/1/2012-7/3/2017).



Curriculum Vitae

Name: Nasr Awad Abdelkader

Title: Assistant Professor

Department: Physical Therapy for Orthopedics & Orthopedic Surgeries

Skills

- Language Skills:

Arabic: Native Language

English: very good written and spoken (TOEFL)

- Computer Skills: Excellent (ICDL)

- Presentation skills: Excellent

- Other skills: Driving License

Scientific Publications:

I: published Scientific Papers Extracted From the Masters and Ph.D Theses:

- Nasr A. Abdel-Kader, Msc, Aliaa Rehan Youssef, PhD, Dina Sabry, MD, Lubna O. Abdel-Salam, MD, Soheir M. Mahfouz, MD, Alaadeen A. Balbaa, PhD, **Effects of Platelet-Rich Plasma on Musculotendinous Structure and Limb Function After Induced Tibialis Anterior Strain in Rats**, *ORS 2015 Annual Meeting, Poster No: 1395.*

II: Post-Doctoral Published Scientific Papers:

International Publications:

- Abdelkader NA, Mohamded WM, Zaky NA, Hamada HA, and Fayaz NA. **Relationship between Hamstring Length and Gluteus Maximus Strength with and without Normalization in Patients with Mechanical Low Back Pain.** *Fizjoterapia Polska, Accepted 15 January 2020 and will be published April 2021 (issue 2/2021).*
- Abdelkader NA, Younes OM, Abdelmajeed SF, Kamel EG, and Hassan KA. **Higher Prevalence of Trunk Rotation of the Egyptian Students in Urban Areas than Countryside one.** *Physiotherapy Quarterly, Accepted 29 December 2020.*



- Abdelkader NA, Kise MN, Fayaz NA, and Saweeres ESB. **Short- and Intermediate-Term Results of Extracorporeal Shockwave Therapy for Noninsertional Achilles Tendinopathy.** *Foot & Ankle International*. Accepted 21 November 2020, Published online 15 January 2021.
- Hassan KA, Abdelrahman MA, Fayaz NA, and Abdelkader NA. **Effect of Stretching Exercises in Treatment of Muscle Strain: A Systematic Review.** *Fizjoterapia Polska*. 2020; 20(5); 96-104, DOI: 10.1177/107110072098261.
- Abdelkader NA, Mahmoud AY, Fayaz NA, and Mahmoud SA. **Decreased neck proprioception and postural stability after induced cervical flexor muscles fatigue.** *Journal of Musculoskeletal and Neuronal Interactions*. 2020; 20(3):421-428, PMID:32877979
- Ahmed MA, Saweeres ES, Abdelkader NA, Abdelmajeed SF, and Fares AR. **Improved pain and function in knee osteoarthritis with dexamethasone phonophoresis: A randomized controlled trial.** *Indian Journal of Orthopaedics*. 2019 Dec; 53:700-7, Doi: [10.4103/ortho.IJOrtho_639_18](https://doi.org/10.4103/ortho.IJOrtho_639_18)
- Nadier AA, Abd-Elmageed SF, Abdelkader NA, and Hamed HM. **Comparison of positional release technique and post isometric relaxation technique on patients with cervicogenic headache.** *BIOSCIENCE RESEARCH*. 2018 Oct 1; 15(4):3367-72.

Conference Papers:

- Hend M. Mahmoud, Nasr A. Abdelkader, Nadia A. Fayaz, Mohamed M. Bahi El Den, **Correlation between tibiofemoral angle and sacral angle in female with bilateral genu valgum,** The 20th International Physical Therapy Conference”, Faculty of Physical Therapy, Cairo University, 6-7 April, 2019.
- Omnia M. Younis, Salwa F. Abdelmajeed, Emad G. Kamel, Nasr A. Abdelkader, **prevalence of adolescent idiopathic scoliosis in selected urban and countryside schools in Egypt,** The 20th International Physical Therapy Conference”, Faculty of Physical Therapy, Cairo University, 6-7 April, 2019.
- Amr M. Ahmed, Nasr A. Abdelkader, Salwa F. Abdelmajeed, Ahmed H. Azzam, **Prevalence of Flat Foot among Patients with Mechanical Low Back Pain,** ,”The 20th International Physical Therapy Conference”, Faculty of Physical Therapy, Cairo University, 6-7 April, 2019.
- Mohamed A. S. Ahmed, Bsc, Salwa F. Abdelmajeed, PhD, Nasr A. Abdelkader, PhD, Emad S. B. Saweeres, MD, Ahmed R. Fares, PhD, **Effect of Dexamethasone Phonophoresis in Treatment of Knee Osteoarthritis,**”The 19th International Scientific Conference Faculty of Physical Therapy Cairo, 22-23 March, 2018”.



- Salwa F. Abdelmajeed, PhD, Nasr A. Abdelkader, PhD, Omar M. Elabd, Bsc, Hany E. Abdelgwad, MD, "Goal **based rehabilitation program versus conventional physical therapy program after anterior cruciate ligament reconstruction**", The 19th International Scientific Conference Faculty of Physical Therapy Cairo, 22-23 March, 2018.