



Curriculum Vitae

Name: Reem Hamdy Ahmed Abdelhady

Title: lecturer of physical therapy

Department: physical therapy for surgery and woman health

Qualifications:

- Bachelor's Degree in physical therapy – Cairo University
- Master's Degree in physical therapy for women's health – Cairo University
- Ph.D. in physical therapy for women's health – Cairo University

Career Hierarchy:

- Teaching Assistant, Date: 1/11/2012
- Assistant Lecturer, Date: 20/4/2017
- Lecturer, Date: 1/2/2022

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Scientific Activities

Training Courses/workshops:

- 1- Web Development Challenger from Udacity (11/2021)**
- 2- Clinical Research Training (11/2020)**
- 3- Precision nutrition level 1 certificate (6/2020)**
- 4- Evidence based soft tissue mobilization and functional dry needling lumbosacral and lower quadrant (2/2020)**
- 5- Enhancement of clinical decision by implementing evidence based differential diagnosis (9/2019)**
- 6- Neural rehabilitation, Virginia Commonwealth university (6/2019)**
- 7- Systematic review and meta-analysis (1/2019)**
- 8- Interpersonal skills (8/2018)**
- 9- Microsoft Office Specialist Master (7/2018)**
- 10- Women health from osteopathic point of view (7/2017)**



- 11- Diploma in Nutrition for Health Care Professionals- (AUC) (6/2017)**
- 12- Professional Training Program in Nutrition- National Nutrition Institute, Cairo University (9/2016)**
- 13- Advanced author training workshop in systematic review in interventions (9-2015)**
- 14- Secrets of the Communicative Classroom Workshop (2/2015)**
- 15- Clinical reasoning in different physical therapy cases (3/2014)**
- 16- Diploma in Musculoskeletal Physical Therapy Sheffield Hallam University, United Kingdom (3/2014)**
- 17- Cochrane standard author training workshop (12/2013)**
- 18- Certified medical taping practitioner (7/2013)**
- Learning domains, principles of adult learning (5/2013)**
- 19- Academic integrity, Motivation strategies and feedback (12/2012)**
- 20- World Federation of Hemophilia (WFH) Advanced training of trainer in physical therapy workshop, Amman –Jordan (11/2012)**

Conferences, Seminars and Workshops:



- International scientific conference of faculty of physical therapy , Cairo university (2007 – 2021)
- The 7th Annual Conference of Egyptian Arabic Society for Health and Therapeutic Nutrition (EASHTN), sport nutrition, March,1 2018.
- The 4th conference for the Arab society of therapeutic nutrition and complementary medicine (ASTN-CM), Spotlights on vitamin D hormone and human health, April 6,2017.
- 38th annual conference of AIN-SHAMS Faculty of Medicine, clinical nutrition workshop, March 23, 2017.
- The 5th Annual Conference of Egyptian Arabic Society for Health and Therapeutic Nutrition (EASHTN), Gastrointestinal nutrition, 18th February,2016.
- The 4th Annual Conference of Egyptian Arabic Society for Health and Therapeutic Nutrition (EASHTN), nutrition and cancer. March 19.2015.

Teaching Scopes: Physical Therapy for Women's Health

Other Activities:

- **Participate in Ismailia hemophilia caravan (as a speaker about role of physical therapy in hemophilia), 25 June 2013**
- **Participate in Alexandria hemophilia caravan (as a speaker about role of physical therapy in hemophilia), April 2014**

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Skills

- Language Skills: Fluent
- Computer Skills: Microsoft Office Specialist Master (MOS)
- Presentation skills: Excellent

Scientific Publications:

I: published Scientific Papers Extracted From the master's and Ph.D. Theses:

1- ADDITIONAL EFFECT OF ELECTRICAL STIMULATION FOR WOMEN WITH STRESS URINARY INCONTINENCE: LITERATURE REVIEW

Reem H. Abdelhady, Amel M. Yousef, Maya G. Aly – Additional Effect of Electrical Stimulation for Women with Stress Urinary Incontinence: Literature Review. Fizjoterapia Polska 2021; 21(3); 80-85

<http://fizjoterapiapolska.pl/en/article/dodatkowy-efekt-stymulacji-elektrycznej-u-kobiet-z-wysilkowym-nietrzymaniem-moczu-przeglad-literatury/>

2- Efficacy of Adding Active Technique as Biofeedback to Pelvic Floor Muscles Training on Cure of Female Stress Urinary Incontinence- A Systematic Review, REEM H. ABD



EL-HADY, HANAN S. EL-MEKAWY, HESHAM G. AL-INANY and ABEER M. EL-DEEB.

<https://www.medicaljournalofcairouniversity.net/index.php/2014-10-22-23-17-27/vol-83-march-2017/2867-efficacy-of-adding-active-technique-as-biofeedback-to-pelvic-floor-muscles-training-on-cure-of-female-stress-urinary-incontinence-a-systematic-review>