



Curriculum Vitae

Name: Shaimaa Mohamed Abel Hameed Metawee

Title: Lecturer

Department: Physical Therapy for Basic Science

Qualifications:

- Bachelor's Degree in Physical Therapy (2009)
- Masters Degree in Physical Therapy for Basic Science (2017)
- Ph.D. in Physical Therapy for Basic Science (2021)

Career Hierarchy:

- Assistant Lecturer, Date:1-10-2020
- Lecturer, Date: 1-10-2021

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Scientific Activities

1: Membership of Professional Organizations and Scientific Societies:

- **Member in General Syndicate For Physical therapy in Egypt**

2: Training Courses/workshops:

- **Cosmetic product for Mesotherapy and transdermal treatment, By Dermclar, 2012. Fundamental of digital transformation (fundamental of IT, operating system, word processing, presentations spread sheet, fundamental of database and introduction to computer networks) from central point of IT training, Cairo university, Egypt. In April 2021.**
- **Relaxing Message course By Ralia in El Galaa Military Hospital for Armed Forces Officers Families 2016.**
- **Visceral osteopathy course by Dr Hesham Khalil 2014.**
- **Tapping Techniques by Prof. Dr. Samy Nasef in National institute of Neuromotor system, 2014**
- **Motion Lab Analysis By Prof. Dr. Mohsen El Sayaad in National institute of Neuromotor system, 2014**
- **Spinal cord injuries by Prof Dr. Ashraf Gorgy in National institute of Neuromotor system, 2014**

3: Conferences, Seminars and Workshops:

- **Studied a Nutrition Diploma at National Nutrition Institute 2020.**
- **The 9th annual conference of Egyptian Arabic society for healthy and therapeutic nutrition in October 2020.**
- **Importance of osteopathy for rehabilitation team management by Dr. Hesham Khalil in 2016.**



4: Teaching Scopes: (Test & Measurements, Manual Therapy, Therapeutic Exercises and clinical Nutrition)

Skills

- Language Skills: English, Arabic
- Computer Skills: MS Office (Word, Excel, ppt)
- Presentation skills: Good

Scientific Publications:

published Scientific Papers Extracted From the Masters and Ph.D. Theses

- “Physical Therapist Performance In Intensive Care Unit Versus Outpatients Clinic”. It was published at “Egyptian Journal of Occupational Medicine”, volume 41, No. 1, January 2017.
- “Effect Of Cervical Stability Exercises On Neck Pain And Disability In Patients With Cervical Spondylosis: A Randomized Controlled Study”. It was accepted for publication in quarterly “Fizjoterapia Poska”(Polish journal of physiotherapy)in issue 5/2021 which will be published in December 2021.